



## **ILTCCABC Tracking Report to Ministry of Health - Executive Summary**

### **Reporting Period: July 1 – December 31, 2025**

Across the reporting period, regional family council associations undertook coordinated work to strengthen family and resident councils, expand regional networks, support advocacy, and improve communication between families, councils, health authorities, and care providers. The work focuses on capacity-building, education, relationship-building, and system-level collaboration to ensure families and residents are informed, supported, and meaningfully engaged in long-term care.

### **Strengthening and Expanding Family Council Networks**

Associations supported and engaged with a growing number of family councils across multiple regions, offering direct assistance through meetings, forums, email and phone support, and networking opportunities. Regular regional roundtables and bi-monthly or quarterly forums created space for councils to share experiences, exchange best practices, and strengthen peer support. Participation levels indicate sustained interest and growing engagement across regions, with councils at varying stages of development receiving tailored support. Regional efforts included mentoring and supporting the growth of new and existing councils across all sectors.

Expanding communication efforts by managing online presence and engaging communities through webinars, guest speakers, and collaboration with non-profit organizations increased. Challenges due to distance in some regions and limited cooperation from some management teams persisted, requiring significant coordination and resources.

Advocacy continued regarding care service cutbacks and medication pricing, with regular meetings and increased participation in regional and provincial networks. Ongoing sharing of concerns and feedback informed broader discussions at bi-monthly meetings and regional forum.

Challenges with access in some care environments and the transition to family-led councils remain, but efforts to support families and care teams continue.

### **Education, Resources, and Capacity-Building**

A significant focus during this period was the development, consolidation, and sharing of practical tools and resources to support effective family councils. This included updating toolkits, providing templates and guidance on governance, and meeting practices, supporting recruitment and membership growth, and sharing best-practice



information related to regulations, policy guidelines, and advocacy. Associations also responded to numerous inquiries from families, council members, and care partners seeking guidance on council operations and emerging system issues.

### **Collaboration with Health Authorities and Care Partners**

Associations maintained active relationships with health authorities and regional networks, participating in resident and family council networks, contributing to system-level discussions, and meeting directly with health authority representatives to raise and review regional concerns. Presentations and collaborative forums increased awareness of family council roles and reinforced partnerships between councils and care providers. Planning for future joint forums and events continued, with commitments for shared promotion, logistical support, and educational content.

### **Outreach, Engagement, and Advocacy**

Outreach efforts included participation in community events, advisory and focus groups, educational sessions, and regional meetings to raise awareness of family councils and available support. Regional associations are also connected with aligned organizations to collaborate in advocacy efforts, share information, and participate in broader conversations related to aging, long-term care quality, and system sustainability. Feedback and inquiries during this period reflected growing concern about operational pressures in long-term care and reinforced the importance of strong, informed family councils as a collective voice.

### **Organizational Development and Forward Planning**

Regional executive meetings and annual meetings support governance, strategic planning, and preparation for the coming year. Priorities identified include continued promotion of family councils, expanded education and outreach, enhanced collaboration with partners, and the delivery of regional forums to further strengthen resident and family engagement in long-term care.